

The Messenger

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Thank You Power

Give thanks in all circumstances, for this is God's will for you in Christ Jesus.

1 Thessalonians 5:18

In my (part time) job as a university teacher, I'm frequently reading research. I know, I know...it sounds as dry as on over-cooked turkey. Sometimes it is but often I find interesting stuff in that scientific prose. For example, this week I read about a study from the University of California that showed just how great it is to be grateful.

The researchers found that grateful people report higher levels of positive emotions, more satisfaction with life, and more vitality and optimism. All good qualities I want more of in my life. They also found grateful people show lower levels of depression and stress—two things I'd like to experience less in my life.

What's more, they found that people who keep journals about gratitude on a weekly basis are healthier. They exercise more regularly, report few physical symptoms and feel better in general than people who journal about neutral or negative life events. That sounds great, and I'll take all the help I can get in the exercise department.

Finally, the research showed the people who daily count their blessings report higher levels of alertness, enthusiasm, determination, and energy. Wow, the benefits of being grateful are remarkable and many! I guess that shouldn't surprise me after reading 1 Thessalonians 5:18. The Bible urges us to give thanks...all the time...in every situation...because this practice is the will of God.

Let me be clear, there are terrible things that happen to us that may not be the will of God, but us praising God and giving thanks in spite of them certainly is the will of God. As Christians, we can always find reason to give thanks—thanks for the salvation of Christ, the nearness of God, and the counsel for His Spirit for starters. The psalmist declared, "I will give thanks to the LORD because of his righteousness and will sing praise to the name of the LORD Most High" (Psalm 7:17). We can do that too.

Christian poet John Milton once wrote about every grey cloud having a silver lining. Purposing to give thanks, no matter the weather, will train us to look for it. Continuing in this manner day after day ensures that gratefulness will become our normal mode of operation.

No wonder those researchers found that people regularly counting their blessings grow happier, healthier, and more optimistic. After all, that research wasn't discovering anything new, but rather confirming the will and wisdom of God. God already knows how great it is for us to be grateful. Now "science" does too.



What can you give thanks for today?

Plan to attend....

Safe Sanctuaries Training

If you signed up, please don't forget about Safe Sanctuaries Training on November 7th at 9:00-3:00. It is a great privilege to host this event in order to learn more about keeping our young people safe. Thank you to those who signed up and were willing to devote a day to learning more about this policy.

Rocket Club

Kids ages 2-12 are welcome to come, and bring friends to Rocket Club. Our kids club meets once a month on the first Wed of the month. This month's meeting is on November the 4th, from 6:30-8:00. Come and have a good time learning more about the Bible and having fun while doing it! Hope to see you there!



Prayer Meeting

Get more involved! Help people! Come join the prayer team. This month's meetings are held 11/9 & 11/23 at 7:30 pm.

Grace Notes

A Grace Notes practice will be held here at the church on November 12th at 6:30. Any children and/or youth are welcome to join us even if you have never sang with us before. Just come to the practice if you wish to join us.

Youth News

Please don't forget about the youth group held each Sunday night from 6:30-8:30.

11/8 Join with us to fill shoeboxes during Sunday School.

11/20 Sr. Youth Deliver shoe boxes

Check your bulletins for info on our trip to Washington D.C. this month as well!

Thanksgiving Eve Service

Thanksgiving is more than just eating and football, so why not spend some time in Church worshipping God? Come and enjoy the Wehry Family at the Annual Thanksgiving Eve Service. Held at St. Paul's U. M. Church in Penns Creek beginning at 7:30. Hope to see you there!



United Methodist Women

On November 18th, at 7:00 the UMW will hold their regular meeting. Just a reminder: Don't forget your thank offering boxes. The theme for this month is Blessed and hostesses for the evening are; Janice Shambach, Shirley Catherman, Sandy Arnold, Melanie Reich and Angela Aucker. **PLEASE NOTE: Any ladies who are not part of the United Methodist Women but wish to be part of the group for 2010 please see Nora Reich.**

A Night of Music



The Penn View Bible Institute choir and orchestra will be right here at Hummel's! Come out on November 22nd at 7:00 pm to hear a message brought in song. Please bring cookies or other snacks for a refreshment time following the concert.

Special Offerings

11/1 One Great Hour of Sharing

11/8 New Church Building Fund

11/15 Food Donation Sunday

11/29 Loaves and Fishes

Quilters Unlimited

Anyone is welcome to join us! November 2nd and 16th at 6:30 pm for a night of fellowship and quilting!

New Directions Sunday School Class

Don't forget our Thanksgiving/Christmas party on Nov. 21st at 6:30 pm!

Don't' forget

Daylight Saving Time ends on 11/1. Set your clock back an hour on Sat night (10/31)!



Time Change

HAPPY BIRTHDAY TO:

11/2 Susan Hauck	11/15 Kathy Wendt
11/3 Teresa Hibbs	11/16 Lauryn Aucker
11/5 Gladys Smith Myrtle Harris	11/17 Stefanie Smith
11/6 Joan Smith	11/18 Josh Hibbs
11/7 Colby Gill Jadon Gill	11/19 Darla Hartman
11/8 Ralph Harris Debbie Reichenbach Keegan Yoder	11/20 Butch Kuhns
11/10 Stephanie Beaver Darlene Wagner	11/21 Christine Walter Milford Smith
11/11 Shawn Higley Dee Hollenbach Jessica Roush Tina Stuck	11/22 Darlene Graybill
11/14 Barry Brouse Karen Bowersox Jordan Harris Stewart Reichenbach Jeremy Smith	11/26 Sharon Feehrer
	11/27 Brad Weaver
	11/28 Guy Hackenberg Garrett Hostetter Steve Beaver
	11/30 Betty Mitchell

HAPPY ANNIVERSARY TO:

11/8 Stewart & Debbie Reichenbach
11/9 Robert & Janice Shambach
11/13 Scott & Hollie Johnson
11/17 Tim & Sue Smith
11/22 Scott & Joyce Dreese

New Arrivals



Congratulations

To Eve Smith who gave birth to a bouncing baby boy on September 26th. She gave him the name Liam Dontae. He barely tipped the scales at 5 lbs 7 oz and was 17.5 in. long. Congratulations to Maverick for becoming a big brother and also to Pappy and Grammy, Rick and Dawn Smith.

To Derek and Erin May who also gave birth to a baby boy, Landon Thomas on October 25th. He weighed 7lbs 6oz and was 20.5 in. long. Congratulations big sister Scarlett, and Poppy and Mimi: Pastor Carvel and Karen.

God has truly blessed these families

Bulletin Bloopers

◇A nervous pastor preaching his first sermon...Instead of "God called me to heal the sick, raise the dead and cast out the devil." what came out was, "God called me to heal the dead, cast out the sick and raise the devil."

◇Jean will be leading a weight-management series Wednesday nights. She used the program herself and has been growing like crazy!

◇If you need to heave during the Postlude, please do so quietly.

Please be praying for...

Pray for our Nursing Home Residents

Henry Reich.....Penn Lutheran
Cathy Shrawder.....Bloomsburg
Cora Master.....Zendt's
David Kratzer.....Nottingham Village
Thelma Brouse.....Penn Lutheran

Pray for our Extended Family

Rick Shipe
Ethel Stuck
George Swineford
Mary Sulouff
Vance & Virginia Thompson
Warren C. Johnson
Mildred Shirk

Recent Surgeries/Procedures

Eugene Reich
Paul Howell
Janice Shambach
Esther Specht



In the care of family

Peg Gilbert

Our College Students

Amy Bowersox
Kim Dreese
Yvonne Herbster
Becky Hibbs
Zach Royer
Katie Stuck
Amanda Waite
Casey Wendt

Recent Hospital Stays

Eugene Reich

Please pray for our Shut ins

Scott Smith

With Sympathy

Please pray for Scott Dreese and his family as they mourn the loss of Scott's dad, Harold Dreese. Harold passed away on October 17th. May God comfort this family.

With all the hurt and sickness in the world it may be hard to remember to just praise God and thank Him for the wonderful ways He works in our lives. Make this Thanksgiving Season a starting point to giving God praise and Thanksgiving everyday!

HUMMEL'S UNITED METHODIST CHURCH

427 Sassafras Rd.,
Middleburg, PA 17842

Phone: 570-837-9956
Email: hummelsumc@yahoo.com
Check us out on the web:
www.hummelsumc.org

"One of the secrets to life is to make stepping stones out of stumbling blocks."



You did not wait for me to draw near to You,
But You clothed Yourself with frail humanity.

You did not wait for me to cry out to You,
But you let me hear Your voice calling me.

And I'm forever grateful to You,

I'm forever grateful for the cross

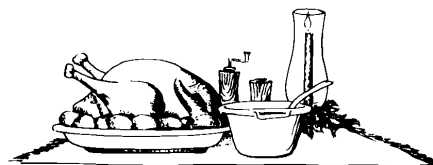
I'm forever grateful to You

that You came to seek and save the lost

—Hymn: I'm Forever Grateful c 1986

Happy

Thanksgiving



Revelation 21:1-6a

The origin of the Chinese written language can be traced to Ts'ang Chieh, who was a minister to the first king of China. Chieh noted that the footprints of birds and animals were unique and drew pictures of these objects. In time, these pictures were reduced to a few short strokes to convey the word.

Often Chinese words are combinations of other words. The word "disaster" is a combination of the words for "fire" and "flood". The word for "king" is drawn with three parallel horizontal lines that are all intersected by a fourth vertical line. The three horizontal lines stand for heaven, man and earth. The vertical line connecting the three horizontal lines means that the power from heaven is to the earth to rule over man.

The Chinese character for "righteousness" is very interesting. It is composed of two separate characters. The first represents the "lamb of God" and the other for "me". When the character for the lamb of God" is placed directly above the character for "me", a new character is formed - "righteousness". This is a great reminder that righteousness is only obtained when we place the the "lamb of God" above "me".